

The CALM Center

Associated Centers for Therapy

Time away from turmoil

Help is available 24/7

The CALM Center is a safe, caring place where youth ages 10-17 who are out of control due to a behavioral health crisis can come, calm down, learn new skills and return to home and school within a few days with a plan for change.

Children and adolescents receive three to five days of intense treatment in a residential setting. The center is ideal when outpatient care is not enough and hospitalization is not necessary. No one is turned away due to inability to pay.

The center, located at 6126 E. 32nd Place, west of Sheridan Road, is open 24 hours a day, 7 days a week. Referrals come from health professionals, schools, law enforcement, and community programs. A referral is not required but is helpful.

From crisis to self-control

The center:

- Identifies strengths
- Puts emotions into perspective
- Teaches life management skills to help prevent crises

Families learn teamwork

Families receive counseling, education, support and referrals to services, benefits and agencies to meet their needs.



A support team of professionals and friends works together to assist the family with crisis prevention, teamwork and positive relationship skills.

A better future

After care plans may include parenting classes, behavioral health rehabilitation and other services. Youth and families leave the center with a plan for change, a support team and hope for a better future.

ACT
Associated Centers for Therapy
Helping build better lives

Caring for kids

Associated Centers for Therapy

A non-profit community mental health center

Helping build better lives
through behavioral health
and substance abuse services

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Celebrating 25 years of caring